DEVELOPMENT OF RICE-BASED MILK ALTERNATIVE INCORPORATED WITH ANNONA AND MORINGA

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Rice-based milk alternative (RMA) is suitable for vegans and people suffering from milk allergy. Annona (Annona muricata) and moringa (Moringa oleifera) are rich in nutritional and sensory properties. The objective of this study was to develop and evaluate RMA incorporated with annona and moringa. Rice-based milk alternative was developed using AT 309 rice variety and different concentrations (v/v) of annona (25, 50 and 75%) and moringa extracts (5, 10 and 15%) were added separately to develop two RMA. The experiments were conducted in Complete Randomized Design. Developed products were evaluated for colour, odour, taste, appearance, and overall acceptability using nine-point hedonic scale. Then proximate composition of all formulations was analyzed and shelf-life was tested by measuring the pH and microbial count for a period of eight weeks. Sensory data revealed that RMA containing 10% moringa and 75% annona had the highest overall acceptability. The 10% moringa incorporated RMA contained 10.04 ± 0.04% protein, 2.66 \pm 0.05% fat, and 3.24 \pm 0.06% ash. Its protein content was significantly higher (p<0.05) compared to the RMA containing 5% moringa. Moreover the 75% annona incorporated RMA contained $6.06 \pm 0.08\%$ protein, $0.29 \pm 0.14\%$ fat, and $1.56 \pm 0.06\%$ ash. Its protein content was significantly higher (p<0.05) compared to the RMA containing 25% annona. No significant difference (p>0.05) was observed in pH value among three moringa incorporated RMA while pH value of annona incorporated RMA was significantly different (p < 0.05). Total plate count, yeast and mould were not detected in all RMA packed in aluminum bags during 8 weeks of storage time at room temperature. Therefore, it can be concluded that 10% of *moringa* and 75% of *annona* can be incorporated to develop RMA with desired physico-chemical, sensory and microbiological properties.

Keywords: Annona, Milk alternative, Moringa, Rice