

EXPLORING POSITIVE PARENTING HERITAGE FOR DEVELOPING SENSIBLE GENERATION

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Introduction

Effective parenting develops a good family, a better generation and a sensible and responsible happy society. Today, joint family is very much rare and fragmented into nuclear families. Irrespective of economic divisions, in every society both parents today are busy with their career pressure to sustain in their everyday life. They are forced to stay out of home for long hours living their child alone engaging them in different ways. These children are habituated now to get secondary parenting from teachers and caregivers and are missing desired love and affection. These are making today's generation stubborn, temper tantrum, truant, attention seeking, lonely and demanding. These emerging behaviors are creating problems in schools, which are become unmanageable by teachers and parents. As a result incidence of corporal punishment is increasing day by day in schools as well as at home though it is officially ban by the implementation of Right to Education Act, 2009 by the Government of India. Parents too have very little time for their children and they are very much inexperienced in offering positive parenting. Now, among concerned

parents the frequency of visiting psychologists is increasing day by day to manage children through various trial and error methods. Apart from this management effort, a new arrogant generation is developing who are ruthless and increasing violence in society every day.

Many American, European and Australian countries have already started giving emphasis to orient and train parents with positive parenting skills. Even in India initiatives have taken to train parents with the traditional parenting skill and value education so that they could impart their children to make them sensible and responsible citizen. India is a country which has heritage of love and affection, care and nurture children, traditional value system, which is very much unique and admirable. Indian mythologies, epics, folks, literatures, moral stories have good evidences of rearing children with values. This is the need of the hour to explore our traditional parenting heritage, aware and orient them to parents and teachers through every possible means so that they can nurture our new buds

positively to make a sensible and responsible future generation.

The paper is highlighting the problem areas in today's family setting and among children and trying to overcome those by exploring and disseminating the indigenous positive parenting heritage including developing value system. Initiatives have been taken to explore the role of museums and educational institutions in playing a pivotal role to disseminate and orient parents about the parenting heritage to bring a positive change in society.

Methodology

The paper is the output of a field base research work conducted during 2013-14 in different districts of West Bengal, India. Following methodologies have been adopted to come into a conclusion and to write the paper:

- A. Collection of Primary Data: it has been collected by field study among the following groups:
 - Total Sample Size: 100
 - 1. Children
 - 2. School Teachers
 - 3. Parents
 - 4. Clinical Psychologists
 - 5. Psychiatrist
 - 6. Socialists
 - 7. Educationist
 - 8. Government Officials of the school education department of West Bengal, India
 - 9. Senior Citizens
 - 10. Museum Professionals
- B. Collection of Secondary Data: Books, Journals, Case studies of Psychologists and Websites
- C. Research Technique
 1. Developed Questionnaires

2. Interviewed among the pre-selected sample size
3. Orientation on positive parenting to selected beneficiaries
4. Obtaining feedback of the selected sample
5. Drawing inferences

D. Data Analyses

It has been done on the primary and secondary data

Findings

The research work clearly pointed out the following findings:

1. Today's children are suffering from many social problems that need immediate management so that they could be a sensible future citizen.
2. School teachers reported that many problems of children become unmanageable in schools and need immediate intervention by their parents to save their children.
3. Parents too reported that their children have many social problems and they are not experienced to handle those issues.
4. There is a gap among the present parents regarding the lack of knowledge and understanding about the positive parenting skill
5. These parents are very much interested to know how to manage, nurture and develop their children positively.
6. Knowledge of Indian Parenting heritage could be a best method in building capacity of parents to guide their children with love and affection.
7. Museums could explore the Indian parenting heritage and can

disseminate this knowledge through various schools and other educational Institutes to every parent.

8. Through this initiative the heritage of Indian system of positive parenting could be re-established and preserved among present and coming generation
9. Corporal punishment in schools and at home could be minimized.
10. A sensible and responsible generation could be expected having self confidence.
11. Incidence of violence in society will be reduced.
12. A learned generation could build another learned future generation with lesser problems of their children.

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