DEVELOPMENT OF SEAWEED (Gracilaria edulis) AND OYSTER MUSHROOM (Pleurotus ostreatus) INCORPORATED VEGETARIAN SAUSAGE SUBSTITUTE

R.H. Ukwatta¹, P.S. Jayasinghe², W.A.G.E. Wijelath¹ and W.A.D. Nayananjalie¹

¹Department of Animal and Food Sciences, Faculty of Agriculture, Rajarata
University of Sri Lanka, Anuradhapura, Sri Lanka.

²National Aquatic Resources Research and Development Agency, Crow
Island, Colombo 15, Sri Lanka.

Vegetarianism is the practice of abstaining from meat-based foods. However, sausage which is a minced meat food item is preferred by all types of consumers due to its unique sensory properties. Thereby, this study was planned to develop a vegetarian sausage from locally available seaweed (Gracilaria edulis) and oyster mushroom (Pleurotus ostreatus). The experiment was laid out in Completely Randomized Design in triplicates which consisted with six treatments incorporating different ratios of mushroom (MR) and seaweed (SW) (w/w); 60% MR + 20% SW, 50% MR + 30% SW, 40% MR + 40% SW, 30% MR + 50% SW, 0% MR + 80% SW and 80% MR + 0% SW. Samples were vacuum packaged and stored at -24 °C. Proximate composition, energy value and iodine content were evaluated. Microbiological quality and pH were analysed in 2-weeks intervals for 75 days. Sensory evaluation was conducted with 15 trained panellists adopting Friedman test. Parametric data were analysed using Analysis of Variance. The sensory results revealed that 50% MR + 30% SW treatment had the highest scores for all sensory attributes. It consisted of $3.93 \pm 0.16\%$ crude fat, $8.59 \pm 0.87\%$ crude fibre, $6.61 \pm 0.03\%$ crude protein, $8.21 \pm 0.03\%$ 1.17% carbohydrate, 88.68 ± 2.02 kcal 100 g^{-1} energy and 1.53 ± 0.12 mgL⁻¹ iodine content. The yeast and mould were not detected and total plate count was 777 CFUg-¹ initially and further decreased in accordance with the Sri Lanka standards (<1x10⁴ CFUg-1) for a period of 75 days at -24 °C storage. pH was significantly reduced (p < 0.05) in the storage period however, it was within the acceptable limit. In conclusion, vegetarian sausage incorporated 50% MR with 30% SW (w/w) has better organoleptic and nutritional properties and can be stored at -24 °C in vacuum packed conditions for 75 days without any quality deterioration.

Keywords: Mushroom, Sausage substitute, Seaweed, Vegetarian