



The Impact of Positive Youth Development Attributes and Life Satisfaction on Academic Well-Being:

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Abstract

While research studies revealed that positive youth development (PYD) attributes have beneficial impact on adolescent developmental outcomes, whether and how PYD qualities are related to academic well-being are unclear. Aim is to study how PYD qualities are related to academic well-being. The data of this study were derived from in a large-scale project on adolescents' positive development and its precursors as well as outcomes. The project was conducted from the 2016 to 2017 school years, which involved 8 randomly selected secondary schools in Aththanagalla Division in Gampaha district. Seventh-grade students in these schools had been invited to fill out a questionnaire. The participating students were fully informed about the purpose of the study and principles of confidentiality. Sample size is 100. This study used quantitative methods; the main part of the research is based on quantitative studies. To data analysis use statically package for social science, Frequency table, pie chart, Figures. Means, standard deviations, and correlations among different variables were computed first. Second, two steps were followed to examine. The hypothesized mediation model by using Structural Equation Modelling (SEM) and MPLUS 8.1. First, a measurement model was tested for four inter-correlated latent variables, including Positive Youth Development, Life Satisfaction (LS, indicated by its five items), Academic Stress (AS, indicated by its two items) As existing research on academic satisfaction and stress focused more on the environmental influences with relative negligence of the role of personal factors, studies on the role of PYD qualities in these two areas of adolescent academic well-being are very important. Finally identify mostly impacted factors and recommend to avoid threats to life satisfaction on academic wellbeing in these schools and do more researches in this field for furthers in future.

Keywords: Adolescent, Youth development, Life satisfaction, Academic stress

