



## Sociological Analysis of the Gender Inequality Faced by Men in the Institution of Marriage

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### Abstract

Sex is explained using biological terms whereas gender is based on social and cultural terms through which men and women enjoy different social statuses and roles. In every social institution, these distinctions can be seen vividly. Many men find it difficult to handle and manage family functions against the present economic and social contexts due to the excessive busyness in their lives. The main objective of this study had been to investigate the impact gender inequality the man faces in the institution of marriage. The specific objectives were to analyse how the concept of gender has an impact on man and to examine the effort he places to protect his family life and social status. How far a man gets pressurized in performing different functions in the family context and how far he tends to suffer from mental stress are the two research questions the researcher was interested in. Chilaw in Puttalam district was selected as the research area because it was identified that men suffer greatly from gender inequality in married life. The aggravated family issues have resulted in this. Snowball sampling had been used as the primary data collection method through structured interviews. Books, newspapers and journal articles were the secondary sources. Grounded theory was used in analyzing the results obtained. Social constructionism had been used to evaluate different characteristics, identities, behavioral patterns, roles and occupations of men and women. The breakdown of families in the area had been a notable phenomenon in the area during the last five years. Men were identified to suffer from familial and occupational issues. Even though society criticized male domination, this study proved that men have been suffering from gender inequality as women. Gender inequality in men had been a manifest function in personal lives but is latent in the social context.

**Keywords:** Feminism, Functionalism, Grounded theory, Marriage, Multitasking

