DEVELOPMENT AND EVALUATION OF WINE FROM MALAY APPLE, GOVERNOR'S PLUM, AND MALABAR PLUM FRUITS

P.H.K.U. Dias¹, P.N.R.J. Amunugoda² and C.A.K. Dissanayake¹

¹Department of Animal and Food Sciences, Faculty of Agriculture, Rajarata University of Sri Lanka, Puliyankulama, Anuradhapura, Sri Lanka. ²Food Technology Section, Industrial Technology Institute, Malabe, Sri Lanka.

Malay apple (Syzygium malaccense), governor's plum (Flacourtia indica) and malabar plum (Sysygium cumini) are underutilized fruits growing in Sri Lanka. These fruits are rich in flavour compounds and nutritional properties. Therefore, wine was prepared as a value addition to these fruits. Based on preliminary trials, must of malay apple was diluted with water at 4:1 ratio, and was treated with and without 0.1% di-ammonium orthophosphate (DAHOP). Must of governors' plum and malabar plum were prepared by diluting pulp with water 1:1, 1:2 and 1:3 ratios each. Saccharomyces cerevisiae was used for fermentation for six days. Total soluble solids (TSS), pH, alcohol, and antioxidant contents were tested. The must of malay apple prepared with DAHOP showed the highest (p < 0.05) alcohol content 12.78±0.98% v/v, lowest (p < 0.05) TSS 6.9±1.08 °Brix, pH 3.35±0.08, titratable acidity 5.01±0.20 tartaric acid g mL⁻¹ and antioxidant content 8.52±0.30 mg Trolox eq mL⁻¹ compared with wine without DAHOP. Wine with DAHOP had significantly highest (p < 0.05) preference in sensory analysis. Governor's plum must with 1:1 dilution showed highest (p < 0.05) alcohol content 11.32±0.81% v/v, lowest (p < 0.05) TSS 8.2±0.94 and the lowest (p < 0.05) yield of productivity 79% mL g⁻¹ than 1:2 and 1:3 dilutions. The best wine from sensory analysis consisted of 1:3 dilution, where 10.08±0.75% v/v alcohol was present with TSS of 9.8±0.81 and antioxidant 13.01±0.04 mg Trolox eq mL⁻¹. Malabar plum must with 1:1 dilution had the highest (p < 0.05) alcohol content 11.25±0.86% v/v, lowest (p < 0.05) TSS 6.0±0.85 °Brix, and lowest (p < 0.05) yield of productivity 84.44% compared with 1:2 and 1:3 dilutions. The best wine from sensory analysis was with 1:2 dilution, where alcohol content was 11.1±0.85% v/v, with TSS 7.0 \pm 0.98 °Brix and antioxidant 355.30 \pm 13.12 mg Trolox eq mL⁻¹. Of the three fruits, malabar plum wine had the highest (p < 0.05) antioxidant contents. In conclusion, wine can be successfully prepared with malay apple, malabar plum and governors' plum.

Keywords: Antioxidant, Ethyl alcohol, Fermentation, Yeast