TO PREPARE AND UNDER SIXTEEN MALE VOLLEYBALL TEAM USING SPORT EDUCATION MODEL

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The purpose of this study was to develop basic skills in volleyball by using Sport Education Model among selected male players. The pretest and posttest are applied to the one group and the comparison between pre experimental designs with above tested groups are evaluated in this research. Only the treatment group is utilized to the model and control group is excluded. The sample was taken from population at the students of under sixteen male volleyball players in Random sampling technique. Twelve (n=12) male volleyball players were the sample size for this research. Under the major research questions that researcher concerned to design the activities /drills which are used to develop the participant's skills level. The necessary guidance for research and conducting pre-test & post-test were collected from Web sites, Journals, books, observation. The yield data were analyzed by using descriptive statistic and represent by using charts, mini tabs data and also discuss comparing with the mean value. The researcher investigated that there is a positive effect for the skills performance of under sixteen male volleyball players with using ten week training schedule. The performance evaluation tests showed statistically significant differences between the pretest results and post-test results (P < 0.05). So, the null hypothesis rejected and alternative hypothesis accepted. Furthermore, accepting and witnessing the built hypothesis of researcher and the final analyzed data indicated the implemented action plan helps to answer the research questions.

Keywords: Sport Education Model, volleyball, skill, drill, players

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